



DanORC

Danish Obesity Research Centre

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About DanORC

History

DanORC is a national research centre with the aim to strengthen research co-operation within the field of Danish obesity research. It was founded in 2007 upon a grant from the Danish Council of Strategic Research and the basic idea was to investigate effects of the nutritional components: industrial fatty acids, ruminant fatty acids and milk protein on the development of overweight and obesity - independent of their caloric value. In short: why do people become overweight and obese besides the amount of calories they eat - here in regard to fatty acids and milk protein?

A multi-disciplinary and broad approach

Yet understanding obesity calls for a broad approach. Approximately 70% of the causes of obesity are due to genetic disposition, and approximately 30% are environmental influences, interacting and shaping the body composition. Today DanORC includes all angles of obesity and researchers associated to DanORC work in many ways to understand the causes and consequences of obesity: some do research in food composition and some look at nutritional intake. Others investigate the effect of physical exercise and yet others look at consumer habits, to name some.

What does DanORC do?

DanORC's main task is coordination of research. Who investigates what and are there similarities in the results? Central is in other words to bring researchers from all relevant scientific disciplines together through:

- Meetings
- Network activities
- Workshops
- Funding of research projects
- Dissemination to the scientific and general public

